



**West Lothian Community Health & Care Partnership:  
Sharing care for older people – Whitdale Day Care Centre**

**Whitdale Day Care Centre**

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**2. Contact Us**

Whitdale Day Centre,  
110 East Main Street,  
Whitburn, EH47 0RH.  
(Unit Manager – Marianne Longstaff)

☎ 01501 742924  
email: [Whitdalehouse@westlothian.gov.uk](mailto:Whitdalehouse@westlothian.gov.uk)

**How to find us:** There are regular buses to Whitburn and ample parking. Phone for directions or download a street map from [www.multimap.co.uk](http://www.multimap.co.uk)

**Travel information – Plan a journey -** ☎ 01506 777840

**Social Care Emergency Team:** The 24 hours out of office service can help if there is an urgent problem. ☎ 01506 777401 or email [scet@westlothian.gov.uk](mailto:scet@westlothian.gov.uk)

**3. Do you need help to read this?**

- We can provide this information in different ways such as:
- Braille
  - British Sign Language (for deaf people)
  - Tape (for people who cannot see or read)
  - Other languages such as Urdu or Cantonese
  - CD Rom

If you need help to read this please contact us.

**UK information about getting products that help people to remain independent is available in:**

[Shqip](#) Albanian | [اے پ ر ع ل ا](#) Arabic  
[বাংলা](#) Bengali ..... [中文](#) Chinese  
[فارسی](#) Farsi ..... [Français](#) French  
[ગુજરાતી](#) Gujarati ..... [Soomali](#) Somali  
[Español](#) Spanish ..... [Português](#) Portuguese  
[Türkçe](#) Turkish ..... [ودرا](#) Urdu

**4. What are the aims of the service?**

The day care service is provided for older people who need additional help during the day and also to give a break to carers.

People who attend the day care service can make new friends, possibly meet old acquaintances, enjoy activities, outings and entertainment.

<p><b>5. Who can use the service?</b></p>	<p>The service is for older people living in Bathgate, Blackburn and the west part of West Lothian who need support during the day due to physical or mental frailty.</p>
<p><b>6. How do I apply for the service?</b></p>	<p>Please contact your nearest social work team. Your doctor, district nurse, community psychiatric nurse or ward staff may contact the social work team on your behalf.</p> <p>The social work team will take all your details. Arrangements will be made for a care manager to visit you to carry out an assessment of your needs. Should we agree that you require care, you can pay a visit to the day care centre.</p> <p>To apply for an assessment, ask at any of the following offices:</p> <ul style="list-style-type: none"> <li>• Livingston Social Work Centre ..... ☎ 01506 777777</li> <li>• Bathgate Social Work Centre ..... ☎ 01506 776700</li> <li>• Broxburn Social Work Centre ..... ☎ 01506 775666</li> <li>• St.John’s Hospital Social Work Team ..... ☎ 01506 422767</li> </ul>
<p><b>7. What is an assessment?</b></p>	<p>We can visit you to discuss what your needs and wishes are and how we can help you with them. The assessment may take just one visit or it may take some time to complete. In most cases an assessment must be carried out before any services or support are recommended. Most people now receive a single shared assessment – with your agreement, health and council staff working in partnership can share information to make it easier for you and to improve communication.</p> <p>The purpose of the assessment is to look at the support you receive and to determine your needs. It takes into account your own situation – family, housing, social life, leisure activities, your age, health and any support already in place.</p> <p>We can also carry out a separate assessment of your carers on request.</p>
<p><b>8. What happens next?</b></p>	<p>If this interests you then Whitdale Day Care Centre may be the place for you.</p> <ul style="list-style-type: none"> <li>• You or your family/carer should contact the social work department. Referrals are also accepted from the district nursing service, CPNs or general practitioners.</li> <li>• On receiving a referral, a member of staff will visit you in your own home to discuss what is on offer and to answer any questions you may have. You may visit the centre to see it for yourself if you wish.</li> <li>• If you are offered a placement you will attend one day per week. Transport and meals are provided. Trained staff will ensure you have a safe, secure environment in which you can relax and enjoy your day.</li> <li>• Your family/carer have a break from caring secure in the knowledge you are enjoying your experience.</li> <li>• Staff usually help you to take your prescribed medicine at the right times. However if you prefer, and can manage, you can do this for yourself.</li> <li>• Whitdale Day Care Centre has qualified catering staff who provide a varied, nutritional daily menu and any special diets that you may need. Meal times can be flexible. We will discuss menus with you to find out your likes and dislikes.</li> </ul>

<p><b>9. How much does it cost?</b></p>	<p>There are no charges for information and assessments, however there is a small daily charge to help pay for meals and transport.</p>
<p><b>10. What are our service standards?</b></p>	<p>Our aim is to ensure the comfort and well being of the people in our care. We actively encourage relatives and friends to remain involved in your care. We will do our best to support your religious, ethnic and cultural needs.</p> <p>Our service is regulated by the Scottish Care Commission to meet the national care standards. Copies of inspection reports are available from any care home or online at <a href="http://www.carecommission.com">www.carecommission.com</a></p>
<p><b>11. Any ideas or complaints?</b></p>	<p>Your views are very important to us. Please talk to a member of staff. If you are not happy with their reply you can contact their team manager.</p> <p>Alternatively you can pick up a 'Points Of View' form from any council information point which can be returned to us by Freepost. You can also contact our Customer Services - ☎ 01506 775000 or email: <a href="mailto:customer.service@westlothian.gov.uk">customer.service@westlothian.gov.uk</a></p>
<p><b>12. Links to other helpful services</b></p>	<p>If you are looking for further information, there is plenty of help and advice available on the web for you and your family:</p> <ul style="list-style-type: none"> <li>• The <a href="#">Carers of West Lothian</a> website has a useful, free carers information pack.</li> </ul> <p>West Lothian Council contacts include:</p> <ul style="list-style-type: none"> <li>• Older people's assessment team ..... ☎ 01506 776700</li> <li>• <a href="#">Care At Home leaflet</a></li> <li>• <a href="#">New Horizon Guide to Services</a> – contains a range of useful information</li> <li>• <a href="#">West Lothian Council</a> ..... ☎ 01506 775000</li> <li>• <a href="#">West Lothian Council Housing</a> ..... ☎ 01506 776301</li> </ul> <p>West Lothian run care homes for older people:</p> <ul style="list-style-type: none"> <li>• Limecroft Care Home, Dedridge, Livingston ..... ☎ 01506 460171</li> <li>• Whitdale Care Home, Whitburn ..... ☎ 01501 744445</li> <li>• Craigmair Interim Care Home, Craigshill, Livingston ..... ☎ 01506 777633</li> <li>• Burngrange Care Home, West Calder ..... ☎ 01506 872346</li> </ul>
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